

'Transitioning was the best thing I ever did. The world opened up for me once I learned to be myself. At work I've felt much more able to express myself and, with all the baggage of dysphoria out of the way, I can concentrate better on my job. It's allowed me to get involved with things I would never have done before like media coverage, dealing with the public, giving presentations to groups of colleagues, and participating in the staff network groups for women and LGBT+.'

**STELLA GARDINER, ENVIRONMENT SUPPORT
MANAGER, TRANSPORT FOR LONDON**

LGBT Workplace Stories is a project to share the experiences of LGBT role models across different sectors, regions and walks of life. Read Stella's full story at www.stonewall.org.uk/workplace-stories