



'For most of my career, I've been comfortable and open about being gay. This allows me to focus on my role within an organisation, build relationships with colleagues and be open about my life. My wife and I both work in the sport sector. We've had positive experiences playing, coaching and spectating sport. We now have a little boy – our workplaces have been very supportive with maternity and paternity leave, as well as flexible working hours to accommodate childcare.'

**SAMANTHA MORGAN-NICHOLSON, REGIONAL MANAGER
- NORTH EAST, BRITISH TRIATHLON FEDERATION**

LGBT Workplace Stories is a project to share the experiences of LGBT role models across different sectors, regions and walks of life. Read Samantha's full story at www.stonewall.org.uk/workplace-stories