# Standard ABOUTTHS RESOURCE

This resource is produced by Stonewall, a UK-based charity that stands for the freedom, equity and potential of all lesbian, gay, bi, trans, queer, questioning and ace (LGBTQ+) people.

At Stonewall, we imagine a world where LGBTQ+ people everywhere can live our lives to the full.

Founded in London in 1989, we now work in each nation of the UK and have established partnerships across the globe. Over the last three decades, we have created transformative change in the lives of LGBTQ+ people in the UK, helping win equal rights around marriage, having children and inclusive education.

Our campaigns drive positive change for our communities, and our sustained change and empowerment programmes ensure that LGBTQ+ people can thrive throughout our lives. We make sure that the world hears and learns from our communities, and our work is grounded in evidence and expertise.

To find out more about our work, visit us at www.stonewall.org.uk

Registered Charity No 1101255 (England and Wales) and SC039681 (Scotland)

Stonewall is proud to provide information, support and guidance on LGBTQ+ inclusion; working towards a world where we're all free to be. This does not constitute legal advice, and is not intended to be a substitute for legal counsel on any subject matter.

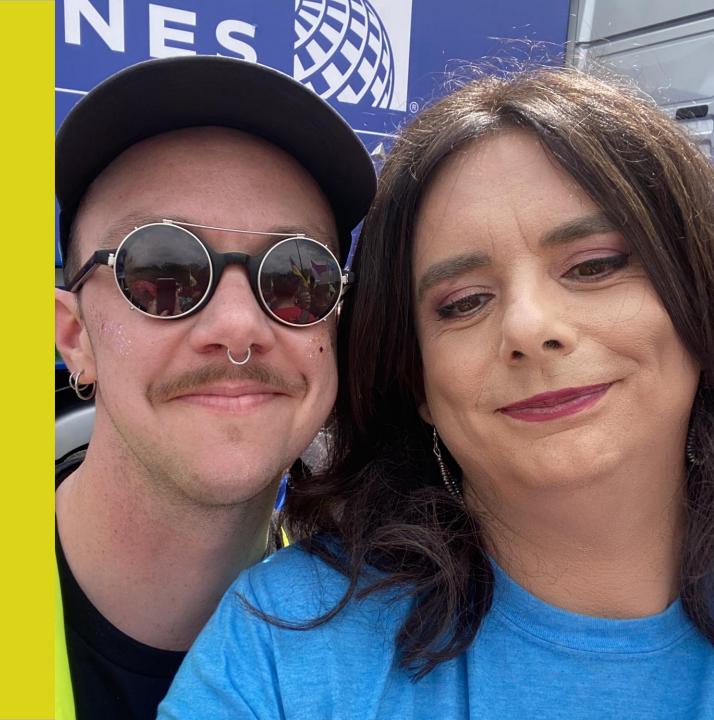
# INTRODUCING THE TALK

# ABOUT TRANS TOOLKIT

SASHA | HEAD OF PRESS AND CAMPAIGNS | SHE/HER FELIX | TRANS ADVOCACY MANAGER | HE/HIM

#### Who are we?

- We work in Stonewall's Human Rights directorate
- We sit at the heart of Stonewall's purpose advocating for a better tomorrow



#### What will we cover in this session?

- What is the context informing the toolkit?
- What might the toolkit contain?
- How you can help us shape the toolkit to best suit your needs

In our roles, we hear from workplaces all the time.

And whatever the sector, we hear a similar story.



One in five of us are close to a trans person in their lives.

That's why the decision to support trans inclusion should be easy.



But the reality is, it can be hard.

And getting it wrong can do lasting damage.



# Those that speak up for trans inclusion may face several challenges:

- sensationalist coverage
- false equivalences
- spotlighting

attiff was the week in which Britain finally cause to its senses. We reached a tipping point, when people in all sides decided the madacus had to stop.

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# The week Britain finally came to its senses on trans extremists and cried...

## **ENOUGH!**

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The public is fed up with hearing sinister medical jargon about 'birthing parent' and 'chest-feeding'

### Introducing our 'Talk About Trans' toolkit

An all-encompassing resource to help everyone navigate discussions around trans people.

#### About this toolkit

At Stonewall, we imagine a world where all lesbian, gay, bi and trans people are free to be ourselves – in every step of our lives. Whether it be at school, at work, or simply when we're walking down the street. But we can't build that world alone.

That's why collaboration is woven into our DNA. Every day, our team talks with people from all walks of life – from politicians to professors, teachers to trade unions, employers from every sector imaginable – to discuss how we can get closer to our shared goal of building that world. Together.

While no two of these discussions are ever the same, common threads emerge. And one of the most-asked-after requests we receive is for clear guidance on talking about trans issues. Guidance that will help individuals and organisations to better understand the current discourse in our press and politics (and why it has become so toxic), and provide them the tools they need to speak up for the trans people in their lives safely and effectively.

That's why we have created this toolkit – to empower everyone to navigate a topic that is unfortunately all-too-often laden with misinformation and misunderstanding, and where expertise and facts are often crowded out by lurid headlines.

It's fantastic that the last decade has brought greater awareness and empathy around trans people, and that increasing number of them feel safer to live life as their true selves. By reading this toolkit, you have taken an important step towards supporting them and building the world we all want to live in.



## What's in the toolkit?

A three part digital document that gives access to the information you need, at the level you need:

- 1. Context setting
- 2. Specialist guides
- 3. Putting it into practice

#### **Section one**

# Context: Getting confident with the basics

- What is it like to be trans?
- Why is transition important?
- What is the global picture?
- What do the medical and psychiatric worlds say?

#### **Section two**

## Specialist guides: Helping to navigate the most complex issues

- Education
- Sport
- Prisons
- · Self-ID
- And more!

## Why trans rights and gay rights go together

#### United by common challenges, the LGBTQ+ community is stronger together – which is why some seek to divide

he human right movements for lesbian, gay and bi people, and for transgender people, have always been closely entwined – this is well documented and is traceable to the very beginnings of the modern gay rights movement. But why?

The answer is simple – because all these groups face the same struggles - for acceptance, for equality, even for the right to walk down the street in safety. The LGBTQ+ community bonds and organises together because the hate and discrimination they face comes from the same place – a fear and disgust of anything deemed 'unnatural'. (And, research shows, often by the same people.)

Talk of division between these communities is a fabrication. Every year in the UK alone, millions of lesbian, gay, bi and trans people mingle and celebrate openly and without incident, either in LGBTQ+ spaces or at Pride events up and down the country.

#### What do critics say?

Despite all the evidence to the contrary, anti-trans campaigners frequently look to position 'LGBTQ+' as a modern invention, in which LGB rights (which they claim are settled and widely-accepted), are used as a trojan horse to build support for trans rights.

They often talk of the corrupting influence of the 'TQ+' – in which the 'Q+', which stands for queer and is used by our communities as a way of capturing the full diversity of our movement, is insinuated to refer to deviant sexual behaviour.

Ultimately, this is a case of a small number of voices being amplified in the media – but it is firmly a

#### How do lesbian, gay and bi people really view trans people?

All Britons

Cisgender lesbian, gay and bisexual Britons

Cisgender gay men
Cisgender bisexual men
Cisgender bisexual women
Cisgender lesbian women





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#### **Section three**

# Practical advice: Putting it into action

- Social media
- Speaking publicly
- One-on-one conversations
- Resources

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# BREAKOUT SESSION

**20 MINS** 

# 

# GROUP FEEDBACK

**20 MINS** 

## CLOSING

REGISTER YOUR INTEREST: PRESS@STONEWALL.ORG.UK