



STONEWALL LESSON PLANS – Families and Relationships

We've designed these lesson plans to give you some starting points for talking about different families and LGBT relationships with your children. Choose the activities to best suit the needs of your class and to fit the amount of time you have available. These lessons are aimed at Key Stage 2 children in England and Wales, or P4 – P7 children in Scotland. We have also developed lesson plans on this theme for students with SEND/ASN – these can be found on our website. Each lesson has a PowerPoint that you can use to support your whole class teaching. Other suggested resources are noted in each lesson plan.

Who are Stonewall?

This resource is produced by Stonewall, a UK-based charity that stands for the freedom, equity and potential of all lesbian, gay, bi, trans, queer, questioning and ace (LGBTQ+) people. At Stonewall, we imagine a world where LGBTQ+ people everywhere can live our lives to the full. Founded in London in 1989, we now work in each nation of the UK and have established partnerships across the globe. Over the last three decades, we have created transformative change in the lives of LGBTQ+ people in the UK, helping win equal rights around marriage, having children and inclusive education.

Our campaigns drive positive change for our communities, and our sustained change and empowerment programmes ensure that LGBTQ+ people can thrive throughout our lives. We make sure that the world hears and learns from our communities, and our work is grounded in evidence and expertise.

Stonewall is proud to provide information, support and guidance on LGBTQ+ inclusion; working towards a world where we're all free to be. This does not constitute legal advice, and is not intended to be a substitute for legal counsel on any subject matter. To find out more about our work, visit us at www.stonewall.org.uk.

Enjoyed this resource? Join us today!

Our expert team of qualified teachers and trainers have supported hundreds of settings in their inclusion journeys to make sure all children and young people are free to be themselves. [Our membership programmes for schools and colleges, and for children and young people's services, have something to offer every setting.](#) Join us today and benefit from:

- CPD-accredited e-learning modules
- Regular professional development webinars
- Access to our award schemes
- Personalised support from our team

All this, and more, is included in the price you pay for membership.

Looking for custom training? Our experienced trainers can provide quality training sessions for ITT providers, teaching schools, professional development networks and many other providers. Email us education@stonewall.org.uk to find out more and discuss your needs.

Year 3 and 4 – England and Wales

P4 and P5 - Scotland

Learning objective: To share my opinions about the importance of family

Activity	Details	Resources
<p>Whole class: What does a family look like?</p>	<p>As a class, look at the photos of the families.</p> <p>Ask: What do all of these photos have in common? Think. Pair. Share.</p> <p>Ask: How are these families different to each other? Think. Pair. Share.</p> <p>Discuss the different types of family, including families with same gender parents, foster families, adoptive families.</p> <p>Ask: What do families have in common with each other? Think. Pair. Share.</p> <p>Ask: What does a family need? Think. Pair. Share.</p> <p>Make sure you have discussed healthy family relationships – love, caring, support etc.</p> <p><i>Note: Be aware that children with a trans parent might use a different name for their parent instead of mum or dad.</i></p>	<p>PowerPoint:</p> <ul style="list-style-type: none"> • Families PowerPoint KS2 <p>Word banks:</p> <ul style="list-style-type: none"> • Family • Mum • Dad • Parent • Carer • Grandma • Grandpa • Grandparent • Brother • Sister • Sibling • Adopt • Foster • Same • Different • Love • Care • Togetherness • Belonging
<p>Pairs or threes: What does family mean to you?</p>	<p>Ask children: What does family mean to you?</p> <p>Children work in pairs or threes to make a poster about families. They should include some key words and phrases that show what family means to them (for example: love, togetherness, care, belonging). Their pictures should show different types of family.</p>	<ul style="list-style-type: none"> • Respect • Sharing • Protection <p>Other:</p> <ul style="list-style-type: none"> • A3 paper



<p>Plenary: Class word cloud</p>	<p>Ask children: What does family mean to you? Each child chooses a word from their poster and contributes it to the class word cloud. Add the words to the class word cloud.</p> <p>Can children spot a common theme? Which words seemed most important to the class? Why might that be?</p>	<ul style="list-style-type: none">• Word cloud generation website, for example: www.wordclouds.com
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Year 5 and 6 – England and Wales

P6 and P7 - Scotland

Learning objective: To understand the characteristics of a healthy relationship

Activity	Details	Resources
<p>Whole class: What does a healthy relationship need?</p>	<p>As a class, look at the photos of the couples.</p> <p>Ask: What do all of these photos have in common? Think. Pair. Share.</p> <p>Discuss that the photos show people who are married or in a relationship with each other.</p> <p>Discuss the different couples - same gender and different gender couples, couples where one or more people are trans, etc. Acknowledge that some people prefer not to be in a relationship and that that's ok too. Discuss the difference between friendships, romantic relationships and the relationship between a child and their parent/carer.</p> <p>Ask: What does a healthy relationship need? Think. Pair. Share. Scribe the ideas on the board.</p> <p>Discuss the importance of love, respect, being caring and considerate and that a healthy relationship is one where both people share those feelings.</p> <p><i>Note: Remember that different gender couples might include someone that is non-binary in a relationship with someone who isn't.</i></p>	<p>PowerPoint:</p> <ul style="list-style-type: none"> Relationships PowerPoint <p>Other:</p> <ul style="list-style-type: none"> Word cloud generation website, for example: www.wordclouds.com



Individual: Recipe for a relationship	Children create a recipe for a healthy relationship. For example: <ol style="list-style-type: none">1. Start with 2 people and mix with respect.2. Add some shared interests.3. Stir in some consideration.4. Give it time to grow.5. Sprinkle with love.	
Plenary: Peer assessment	Children swap their recipe with a partner. They should underline an ingredient they really liked in green and add a suggestion for another ingredient in pink. Share one or two excellent examples with the class.	