

FIT lesson plan

Subject area: PSHE

Key Stage: 4

Learning objectives: To challenge prejudices, preconceptions and stereotypes

Key Words: lesbian – gay - bisexual – bullying – stereotypes – prejudices - context

Lesson outline

	Time	
Starter	5'	<p>This lesson is an introduction to the learning resource 'FIT'. Thought shower what the meaning of FIT is and from looking at different pictures – what do students think the film is about?</p> <p>⇒ get to the point that FIT is about relationships and about fitting in</p>
Main Part	15'	Watch the first chapter of FIT – 'Dance and Drama'.
	10'	Students working in small groups complete a simple sociogram (see Dialogue Mat) to show the relationships between the six main characters. They should indicate which are friends (link with blue line), who is in conflict with whom (link with red line), who is bullying whom (arrow pointing from bully to victim), who fancies whom (double arrow). Write their names on the Dialogue Mat and date it.
	15'	Watch the second chapter of FIT - 'Lee'
Plenary	15'	<p>Ask students whether they think their original dialogue map is still accurate. Compare the Dialogue Mats for different student groups. Discuss any differences. Discuss how their perceptions of the characters have changed. Did most students think Karmel is straight? Why is that? What do we know about Isaac, Jordan, Tega and Ryan? Do we have to amend our dialogue map for them, too? What does this teach us about stereotypes?</p> <p>Ask students whether they have developed any new ideas in the course of the session.</p> <p>This exercise can be repeated with the other chapters of FIT.</p>