

## ***FIT*** lesson plan

**Subject area:** PSHE

**Key Stage:** 3 & 4

**Links National Curriculum:** PSHE programme of study (non-statutory) Key Stage 3

1.1 Personal identities a) Understanding that identity is affected by a range of factors, including a positive sense of self.

**Learning objectives:** To understand the impact of derogative language on self-esteem

**Key Words:** derogatory, self-esteem, terminology, jargon, positive

### **Lesson outline**

|                  | <b>Time</b> |  |
|------------------|-------------|--|
| <b>Starter</b>   | 15 min      | <b>Thought shower</b><br>Students to thought shower how language can affect a positive sense of self and the different ways language can have an impact on self-esteem<br><br>Results should include:<br>- our own way of talking can make us different from everyone else (stutter, accent), but can also be important for someone's identity (slang, jargon)<br>- the way other people talk about someone (gossiping, praising)<br>- terms used in different ways: positive/affirming, negative/derogative, neutral/descriptive<br><br>⇒ focus on the way words are used |
| <b>Main Part</b> | 15 min      | <b>FIT</b><br>Watch chapters 'Lee' and ask students to note down examples of the different way words are used - in derogative way and in a positive way (see worksheet grid with teachers)   |
|                  | 15 min      | <b>Discussion</b><br>Which words did you find?<br>In which scene were they used?<br>How were they used?<br>What effects do they have on the individual?  |
| <b>Plenary</b>   | 15 min      | <b>Discussion</b><br>How can language and words affect people's self-esteem? How can we make sure we don't use language which negatively affects people's self-esteem? What can we do when we hear other students suing derogative language? (e.g. That's so gay!)   |