

FIT lesson plan

Subject area: Performing Arts

Title: insider/outsider – bully/bullied

Key Stage: 3 & 4

Learning objectives: to reflect on what it feels like to be an outsider/insider, bully/bullied and find solutions to situations where someone is being bullied/oppressed

Key Words: insider, outsider, ostracised, empower, oppression

Lesson outline

	Time	
Starter	10'	<p>Spot the difference improvisation</p> <p>In a circle: each person introduces themselves to the group with a gesture or movement that summarises his or her personality. All other members of the group copy this introduction.</p>
Main Part	15'	<p>Insiders/outsiders</p> <p>Split into two groups. Decide what element/s binds your group together e.g. everyone has blue eyes, shoes, brown hair. Then decide and what separates or distinguishes your group from the other group e.g. everyone has brown eyes, trainers. You might end up swapping some members of your group. Create a spontaneous improvisation about your differences.</p> <p>Once the improvisation is over, discuss how it felt to be ostracised or alienated by a group, or how you felt when you were accepted as part of a group.</p>
	25'	<p>Forum theatre</p> <p>Forum theatre is allowing the audience (who can be the rest of the class) to have an active role in the performance. The audience can be given the opportunity to come up with solutions and actions to change the drama and, therefore, the outcome of the issues presented. This type of audience interaction is used frequently in Theatre in Education shows; the idea is to empower the audience, so they leave feeling they can bring about change in their own lives.</p> <p>You could use scenes from the film and re-enact them, or create your own improvised/devised scene, based on some form of bullying/oppression. The acting and style should be naturalistic i.e. realistic.</p> <p>Scenes/starting points could include:</p> <ul style="list-style-type: none"> ○ The boys bullying Tegs ○ The father oppressing Isaac ○ The oppression felt by Karmel (from her dad): how can the behaviour of the dad be changed? What could you do, as Karmel, to make him see that his behaviour is unacceptable? ○ The oppression felt by Jordan (from the sports coach)

		<p>One person can take the role of MC or Joker who will discuss the scene and the oppression/bullying. The scene can be replayed, this time with the audience taking an active role: if the audience member thinks of a solution to the bullying/oppression, they can stop the action and replace the victim/character who is being oppressed. The scene is then played again to see if the new action resolves the problem, with everyone on stage adjusting their performance to the change in story/action as suggested by the audience member.</p>
Plenary	10'	<p>Discuss what the interplay between insiders/outside and bullying is. Explore how students felt while acting the scenes of oppression and how the oppressed/oppressor felt and which difference the intervention of the audience made.</p>