

Prescription for Change

Lesbian and bisexual women's health check 2008

All Wales

This report is a supplementary report to the Stonewall report **Prescription for Change: Lesbian and bisexual women's health check 2008**. This report provides further regional statistics for each country, each Strategic Health Authority, or healthboard.

Methodology

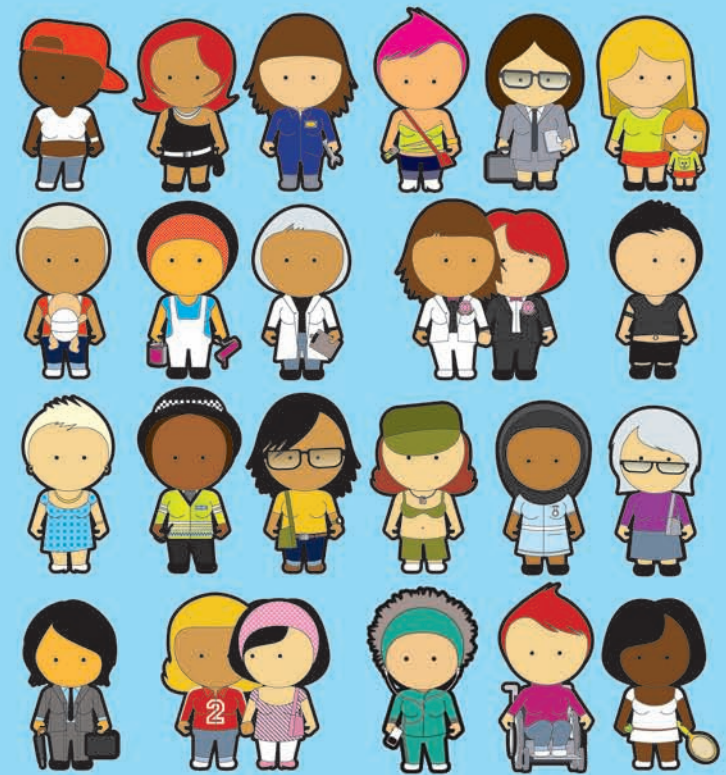
In the summer of 2007, 6178 women responded to an online and paper survey on their health needs and experiences.

The survey included questions on lifestyle (alcohol consumption, smoking, exercise, mental health), medical history and experiences of the health sector. The survey also captured qualitative evidence from participants about their experiences. These are included in the main report.

Guidance on using the data

This data is intended to provide NHS planners with information about their local population, in comparison to national and regional data. For nationwide statistics (Great Britain) for comparison, please refer to the main report. When citing data from this supplementary report please cite **Prescription for Change: Lesbian and bisexual women's health check 2008**.

Survey results analysed by Sigma Research.



Lesbian & Bisexual Women's Health Survey 2007

Wales National Public Health Service (NPHS) region of residence data report (June 2008)

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1. NPHS region of residence

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	South East (Wales)	135	50.4	50.6	50.6
	Mid & West (Wales)	81	30.2	30.3	80.9
	North Wales	51	19.0	19.1	100.0
	Total	267	99.6	100.0	
Missing	System	1	.4		
Total		268	100.0		

2. Sexual identity

% within NPHS region

		Sexual identity			Total
		Lesbian	Bisexual	Other	
NPHS region	South East (Wales)	80.7%	16.3%	3.0%	100.0%
	Mid & West (Wales)	80.2%	17.3%	2.5%	100.0%
	North Wales	84.3%	13.7%	2.0%	100.0%
Total		81.3%	16.1%	2.6%	100.0%

3. Current smoker (cigarettes)

% within NPHS region

		Current smoker (cigarettes)		Total
		No	Yes	
NPHS region	South East (Wales)	75.4%	24.6%	100.0%
	Mid & West (Wales)	72.5%	27.5%	100.0%
	North Wales	66.0%	34.0%	100.0%
Total		72.7%	27.3%	100.0%

4. Number of days drank alcohol in the last week

% within NPHS region

		Number of days drank alcohol in the last week								Total
		No alcohol in last 7 days	1 day	2 days	3 days	4 days	5 days	6 days	7 days	
NPHS region	South East (Wales)	24.6%	19.8%	21.4%	17.5%	6.3%	4.0%	2.4%	4.0%	100.0%
	Mid & West (Wales)	39.2%	16.2%	5.4%	14.9%	12.2%	4.1%	2.7%	5.4%	100.0%
	North Wales	20.8%	16.7%	29.2%	16.7%	8.3%	2.1%	2.1%	4.2%	100.0%
Total		28.2%	18.1%	18.1%	16.5%	8.5%	3.6%	2.4%	4.4%	100.0%

5. Used any of the following drugs in the last year: marijuana, ecstasy, LSD, speed, crystal meth, cocaine, crack, ketamine, GHB, heroin Crosstabulation

% within NPHS region

		Used any drugs in the last year		Total
		Not last year	Yes, last year	
NPHS region	South East (Wales)	65.7%	34.3%	100.0%
	Mid & West (Wales)	76.3%	23.8%	100.0%
	North Wales	70.6%	29.4%	100.0%
Total		69.8%	30.2%	100.0%

6. Ever tested for STI / vaginal conditions

% within NPHS region

		Ever tested for STI / vaginal conditions		Total
		No	Yes	
NPHS region	South East (Wales)	64.7%	35.3%	100.0%
	Mid & West (Wales)	45.7%	54.3%	100.0%
	North Wales	60.8%	39.2%	100.0%
Total		58.1%	41.9%	100.0%

7. Gender of sexual partners in last 5 years

% within NPHS region

		Gender of sexual partners in last 5 years				Total
		Women only	Men only	Both women and men	No one	
NPHS region	South East (Wales)	61.5%	.7%	35.6%	2.2%	100.0%
	Mid & West (Wales)	65.4%	2.5%	30.9%	1.2%	100.0%
	North Wales	68.0%	2.0%	28.0%	2.0%	100.0%
Total		63.9%	1.5%	32.7%	1.9%	100.0%

8. Experience of cervical screening (age 25-64, NOT Trans)

% within NPHS region

		Experience of cervical screening				Total
		Never had cervical smear	I have had a smear test in the last 3 years	I have had a smear test in the past 3-5 years	I had a smear test more than 5 years ago	
NPHS region	South East (Wales)	15.4%	49.5%	25.3%	9.9%	100.0%
	Mid & West (Wales)	8.5%	53.2%	21.3%	17.0%	100.0%
	North Wales	18.8%	53.1%	15.6%	12.5%	100.0%
Total		14.1%	51.2%	22.4%	12.4%	100.0%

9. Frequency of self-checking breasts

% within NPHS region

		Frequency of self-checking breasts			Total
		No, I don't currently self-check	Yes, sometimes (every few months)	Yes, regularly (every month)	
NPHS region	South East (Wales)	17.2%	45.5%	37.3%	100.0%
	Mid & West (Wales)	24.7%	38.3%	37.0%	100.0%
	North Wales	13.7%	54.9%	31.4%	100.0%
Total		18.8%	45.1%	36.1%	100.0%

10. In the last year, made any attempt to take your life

% within NPHS region

		In the last year, made any attempt to take your life		Total
		No	Yes	
NPHS region	South East (Wales)	95.5%	4.5%	100.0%
	Mid & West (Wales)	88.9%	11.1%	100.0%
	North Wales	96.1%	3.9%	100.0%
Total		93.6%	6.4%	100.0%

11. In the last year, deliberate self-harm (with no the intention of killing yourself)

% within NPHS region

		In the last year, deliberate self-harm (with no the intention of killing yourself)		Total
		No	Yes	
NPHS region	South East (Wales)	79.7%	20.3%	100.0%
	Mid & West (Wales)	75.3%	24.7%	100.0%
	North Wales	74.0%	26.0%	100.0%
Total		77.3%	22.7%	100.0%

12. Ever been told you have eating problem

% within NPHS region

		Ever been told you have eating problem		Total
		No	Yes	
NPHS region	South East (Wales)	77.0%	23.0%	100.0%
	Mid & West (Wales)	64.2%	35.8%	100.0%
	North Wales	78.4%	21.6%	100.0%
Total		73.4%	26.6%	100.0%

13. Ever experienced domestic violence

% within NPHS region

		Ever experienced domestic violence			Total
		No never	Yes, from a male	Yes, from a female	
NPHS region	South East (Wales)	67.4%	11.1%	21.5%	100.0%
	Mid & West (Wales)	59.3%	14.8%	25.9%	100.0%
	North Wales	74.5%	13.7%	11.8%	100.0%
Total		66.3%	12.7%	21.0%	100.0%

14. Self-rating of health

% within NPHS region

		Self-rating of health				Total
		Excellent	Good	Fair	Poor	
NPHS region	South East (Wales)	24.4%	60.0%	12.6%	3.0%	100.0%
	Mid & West (Wales)	18.8%	50.0%	25.0%	6.3%	100.0%
	North Wales	15.7%	52.9%	27.5%	3.9%	100.0%
Total		21.1%	55.6%	19.2%	4.1%	100.0%

15. BMI categories

% within NPHS region

		BMI categories					Total
		Underweight (<18.5)	Normal (18.5 - 24.99)	Overweight (25 - 29.99)	Obese (30+)	Very Obese (40+)	
NPHS region	South East (Wales)	2.3%	45.7%	27.9%	19.4%	4.7%	100.0%
	Mid & West (Wales)	3.8%	38.0%	32.9%	20.3%	5.1%	100.0%
	North Wales	4.2%	29.2%	37.5%	18.8%	10.4%	100.0%
Total		3.1%	40.2%	31.3%	19.5%	5.9%	100.0%

16. Sexuality disclosure to GP or health care professionals

% within NPHS region

		Sexuality disclosure to GP or health care professionals					Total
		All or almost all	More than half	About half	Less than half	Few or none	
NPHS region	South East (Wales)	31.1%	8.1%	4.4%	8.1%	48.1%	100.0%
	Mid & West (Wales)	28.6%	3.9%	7.8%	7.8%	51.9%	100.0%
	North Wales	24.0%	2.0%	4.0%	6.0%	64.0%	100.0%
Total		29.0%	5.7%	5.3%	7.6%	52.3%	100.0%

17. Any NEGATIVE experiences of health care in the last year

% within NPHS region

		Any NEGATIVE experiences of health care in the last year		Total
		No none	Yes	
NPHS region	South East (Wales)	52.7%	47.3%	100.0%
	Mid & West (Wales)	47.9%	52.1%	100.0%
	North Wales	53.2%	46.8%	100.0%
Total		51.4%	48.6%	100.0%

18. Health care worker assumed heterosexuality

% within NPHS region

		Health care worker assumed heterosexuality		Total
		No	Yes	
NPHS region	South East (Wales)	63.1%	36.9%	100.0%
	Mid & West (Wales)	64.9%	35.1%	100.0%
	North Wales	71.4%	28.6%	100.0%
Total		65.2%	34.8%	100.0%

19. No opportunity to discuss sexual orientation in health-care setting

% within NPHS region

		No opportunity to discuss sexual orientation in health-care setting		Total
		No	Yes	
NPHS region	South East (Wales)	82.3%	17.7%	100.0%
	Mid & West (Wales)	71.6%	28.4%	100.0%
	North Wales	77.6%	22.4%	100.0%
Total		78.3%	21.7%	100.0%

20. Not sure of GP surgery's policy on confidentiality

% within NPHS region

		Not sure of GP surgery's policy on confidentiality		Total
		No	Yes	
NPHS region	South East (Wales)	83.8%	16.2%	100.0%
	Mid & West (Wales)	86.5%	13.5%	100.0%
	North Wales	89.8%	10.2%	100.0%
Total		85.8%	14.2%	100.0%

21. Came out and health care worker still assumed heterosexuality

% within NPHS region

		Came out and health care worker still assumed heterosexuality		Total
		No	Yes	
NPHS region	South East (Wales)	90.0%	10.0%	100.0%
	Mid & West (Wales)	94.6%	5.4%	100.0%
	North Wales	89.8%	10.2%	100.0%
Total		91.3%	8.7%	100.0%

22. Came out and health-care worker asked inappropriate questions

% within NPHS region

		Came out and health-care worker asked inappropriate questions		Total
		No	Yes	
NPHS region	South East (Wales)	94.6%	5.4%	100.0%
	Mid & West (Wales)	93.2%	6.8%	100.0%
	North Wales	91.8%	8.2%	100.0%
Total		93.7%	6.3%	100.0%

23. Any POSITIVE experiences of health care in the last year

% within NPHS region

		Any POSITIVE experiences of health care in the last year		Total
		None of these	Yes	
NPHS region	South East (Wales)	51.5%	48.5%	100.0%
	Mid & West (Wales)	43.0%	57.0%	100.0%
	North Wales	60.8%	39.2%	100.0%
Total		50.8%	49.2%	100.0%

24. Health care worker did not make inappropriate comments after disclosure

% within NPHS region

		Health care worker did not make inappropriate comments after disclosure		Total
		No	Yes	
NPHS region	South East (Wales)	75.0%	25.0%	100.0%
	Mid & West (Wales)	74.7%	25.3%	100.0%
	North Wales	88.2%	11.8%	100.0%
Total		77.5%	22.5%	100.0%

25. Acknowledgement of sexuality by health worker after disclosure

% within NPHS region

		Acknowledgement of sexuality by health worker after disclosure		Total
		No	Yes	
NPHS region	South East (Wales)	77.3%	22.7%	100.0%
	Mid & West (Wales)	68.4%	31.6%	100.0%
	North Wales	82.4%	17.6%	100.0%
Total		75.6%	24.4%	100.0%

26. Health care worker provided an opportunity to come out

% within NPHS region

		Health care worker provided an opportunity to come out		Total
		No	Yes	
NPHS region	South East (Wales)	91.7%	8.3%	100.0%
	Mid & West (Wales)	92.4%	7.6%	100.0%
	North Wales	100.0%		100.0%
Total		93.5%	6.5%	100.0%

27. Health care worker welcomed partner at consultation

% within NPHS region

		Health care worker welcomed partner at consultation		Total
		No	Yes	
NPHS region	South East (Wales)	84.8%	15.2%	100.0%
	Mid & West (Wales)	88.6%	11.4%	100.0%
	North Wales	90.2%	9.8%	100.0%
Total		87.0%	13.0%	100.0%

28. Health care worker gave advice accounting for my sexuality

% within NPHS region

		Health care worker gave advice accounting for my sexuality		Total
		No	Yes	
NPHS region	South East (Wales)	92.4%	7.6%	100.0%
	Mid & West (Wales)	89.9%	10.1%	100.0%
	North Wales	94.1%	5.9%	100.0%
Total		92.0%	8.0%	100.0%

29. GP surgery had clear policy on confidentiality

% within NPHS region

		GP surgery had clear policy on confidentiality		Total
		No	Yes	
NPHS region	South East (Wales)	77.3%	22.7%	100.0%
	Mid & West (Wales)	70.9%	29.1%	100.0%
	North Wales	82.4%	17.6%	100.0%
Total		76.3%	23.7%	100.0%

30. GP surgery displayed non-discriminatory policy including sexual orientation

% within NPHS region

		GP surgery displayed non-discriminatory policy including sexual orientation		Total
		No	Yes	
NPHS region	South East (Wales)	95.5%	4.5%	100.0%
	Mid & West (Wales)	89.9%	10.1%	100.0%
	North Wales	96.1%	3.9%	100.0%
Total		93.9%	6.1%	100.0%

31. Attended specialist health service for lesbian or bisexual women

% within NPHS region

		Attended specialist health service for lesbian or bisexual women		Total
		No	Yes	
NPHS region	South East (Wales)	100.0%		100.0%
	Mid & West (Wales)	97.5%	2.5%	100.0%
	North Wales	100.0%		100.0%
Total		99.2%	.8%	100.0%

The Study:

In 2007, Stonewall and De Montfort University asked lesbian and bisexual women from Great Britain to complete a survey about their health. The survey received 6178 responses making it the biggest survey of lesbian and bisexual women's health needs in Europe.

Eighty one per cent of respondents said that they were lesbian, and sixteen per cent said they were bisexual. Eighty five per cent of respondents live in England, nine per cent in Scotland, and five per cent in Wales. Eighty two per cent of respondents are white British, and the rest are from ethnic minorities, which is comparable with the general population. Respondents come from a wide age-range. The youngest respondent was fourteen and the oldest was 84. Fourteen per cent of respondents say that they have a disability, including physical and mental disabilities.